

Instructions for Hume's New Health Screening Form

We understand that all the new forms can be confusing, so we are providing these instructions to help your Health Screeners in the process of being sure everyone's healthy enough to be at camp. Remember, Health Screeners must meet one of the following four qualifications:

- Be a Physician
- Be a Registered Nurse
- Be a Licensed Vocation Nurse who is licensed pursuant to Division 2 of the Business and Professions Code
- Be a person who is trained in accordance with section 1596.866 of the Health & Safety Code, which includes the following requirements:
 - Be trained in Pediatric First Aid
 - Be trained in Pediatric Cardiopulmonary Resuscitation (CPR)
 - Be trained in a Preventative Health Practices Course or courses that include instruction in the recognition, management, and prevention of infectious diseases, including immunizations, and prevention of childhood injuries.

If you have more questions, or need clarification on anything, don't hesitate to contact Hume's Medical Staff at 559.335.2222.

Camp abbreviations: **WT**= Wagon Train, **MR**= Meadow Ranch (junior high), **HS**=High School (Ponderosa), **WW**= Wildwood, **OE**= Outdoor Ed, **WC**= Winter Camp, **HSD**=Hume San Diego. Write **DC** for day camp and **HB** for Huckleberry.

Church/City: There are a lot of churches with the same name, so please write your city and church name. Don't abbreviate unless out of space. Please be sure it is the Church with whom the Camper or Counselor is attending camp, especially if they normally attend a different church.

Illness Box: If the only complaint is nausea, then question the individual to see if they are nervous about being away from home, or if it is common to have a nervous stomach for them. If they had nausea, vomiting, diarrhea, sore throat and/or fever, but it has been over 48 hours since those symptoms stopped, then just check their temperature. If it is 99 degrees or less, and they don't feel too weak or "run down", then they may attend camp. If they have had a cough for greater than 5 days and have not seen a doctor, they need to be cleared by a doctor before attending camp. This will mean a family member may have to drive them to camp themselves, after the doctor's appointment with a note for the nurse at Hume. If the individual has a rash with no fever, ask if they have a history of heat rash, eczema, or other rash that has been diagnosed in the past, and may have medication for that already. If they have no idea why they have this rash, then it must be cleared by a doctor. If a doctor is at your church to volunteer with the health screens, he/she can write on the lines provided below the box and sign them off for clearance to attend camp.

ILLNESS (in the last 48 hours) may include:
NAUSEA, VOMITING,
DIARRHEA, FEVER, SORE
THROAT, RASH, OPEN
SORES, PINK EYE, COUGH
NOT RELATED TO
ASTHMA

Communicable Disease Box:

If the camper has any of the diseases below, they will be obviously sick, or will have medication to treat the symptoms. If they have a history of a positive tuberculosis test (or +PPD), then that is followed by a chest x-ray. If the chest x-ray is positive, then they have to have medication for 6 months. If they chest x-ray was negative, then they are not contagious and can come to camp.

COMMUNICABLE DISEASE

EXAMPLES:

MEASLES, MUMPS, RUBELLA,

POLIO, HEPATITIS,

TETANUS, DIPHTHERIA,

MENINGITIS, INFLUENZA,

TUBERCULOSIS: ACTIVE (ON

MEDICATION) OR INACTIVE

(NEGATIVE CHEST X-RAY)

Injury Box:

If the camper had a recent injury listed in this box, possibly they will need their stitches removed, staples removed, or follow up on a casted injury. Hume RN's can remove the stitches or staples at camp, but if a cast is due to come off, they will need to have a follow up x-ray to make sure the bone has healed before they can participate in some of Hume's activities.

INJURY EXAMPLES:

CASTED FRACTURES,

RECENT HEAD INJURIES,

AND/OR LACERATIONS

THAT HAVE STITCHES OR

STAPLES –

MUST BE CLEARED BY A

DOCTOR.

SIGNATURE OF HEALTH SCREENER: This is for the Nurse, Doctor or Certified Health Screener from your church to sign after they have assessed the camper or counselor and approved that they are OK to attend camp.

SIGNATURE OF NURSE AFTER ASSESSING THE CAMPER WITH ANY CIRCLED ITEM(S):

This is for Hume's nurse to sign after reviewing the health screening to make sure no one contagious was sent to camp, or for a chance to communicate with the camper with an injury to come see us at the infirmary for follow up during the week.

PLEASE SIGN AFTER UPDATING THE MEDICAL RELEASE FORM WITH ANY NEW FINDINGS:

This is for Hume staff to sign after they review the completed Health Screening, and have added the important new information to the Medical Release if needed.