

Announcing the 7th  
Annual  
PBCC Jr. High

# FAST 4 HUNGER & PIZZA, & BIG Fun (while serving) DAY!



Please plan to join us...  
Sun Nov 8 and then Sat Nov 14 - Nov 15

...as we fast to help raise \$\$ for our Vision Trust students!

**1st**  
Sun - Nov 8

after ToHu we'll pass out flyers in the neighborhood  
for **Rake-N-Run**  
(which is on Nov 15)

## 2nd

plan & prepare for the Fast  
Sat - Nov 14 — Sun - Nov 15

- ◆ Figure out how much it costs to feed YOU per day
  - ◆ Plan to contribute that amount (\$8? \$10? \$15? \$22? \$30?) to help raise \$\$ for our VisionTrust Students
  - ◆ Ask your parents, friends & family if they will ALSO donate that amount
  - ◆ Fast (go without food - drink is ok) with all your fellow Jr. Highers & staff starting after lunch on Sat, Nov 14
- Saturday through Sunday**
- ◆ Whenever you feel hungry, pray for your sponsored VisionTrust Student
  - ◆ Collect all your donations

## 3rd

### Schedule for Nov 14 & Nov 15

Sat - Nov 14

- ◆ EAT LUNCH
- ◆ Sat after lunch - Sun -- FAST  
(Drink lots of water and juice if you like)

Sun - Nov 15

- ◆ 8:30-9:40 Sunday ToHu
- ◆ 12:00-12:30 Pizza in youth
- ◆ 12:30-2:30 Rake-N-Run
- ◆ 2:30-3:00 Ice Cream  
(back in the youth rm)



## Bring

- \$5 for pizza & ice cream
- donation \$\$ you've collected
- rakes & push brooms (if you have them)
- gloves & work clothes

RSVP on-line at [pbccjh.org/RSVP](http://pbccjh.org/RSVP) by

- TUES Nov 5 (for passing out flyers) &
- TUES Nov 10 (for our activities on Nov 15)

Questions?? contact Marilyn 408.366.6690 or [marilyn@pbcc.org](mailto:marilyn@pbcc.org)